

BOOK EXCERPT

Claiming Your Divinity By Paul Selig

The following is excerpted from *The Book of Knowing & Worth: A Channeled Text* by Paul Selig and reprinted with the permission of Tarcher/Penguin ©2013 .

The lives that you live, tethered to this physical plane, are finite. You have this body this time around. You have this engagement with your fellows this time around, and the next time around, when you come back to sing some more, you have chosen a different identity to engage through. But the eternal you travels with you. She is unchanged and she knows her name.

Now, the Christ as you is not a frame. A frame is a small thing that contains your world and gives you your self-worth in a parcel you can manage. What would it feel like, we say, to expand the frame you hold beyond what you have known to include all possibilities, those things that have not been seen, those things that have not been attended to yet, as manifested on this plane?

The eyes that you see when you look in the looking glass see a vision in three-dimensional reality. You understand what you see by the frame you have chosen. As you expand your consciousness, your vision expands and you may begin to perceive what has been born in higher vibration. As you align to us, and we are your teachers, we support you in aligning your sight to the vision we hold before you. What is the new world, what is the kingdom, but God's manifestation here and now?

Now, nobody is coming down from a cloud to save you. In fact, the clouds are clearing. That which has obscured the sun will be witnessed by you each, and your awareness of yourselves, each and every one of you, as this king, as this aspect of the Creator in shared love and acknowledgment of worth, is what will be known as the Christ in manifestation on this plane.

Now, we are not religious. We do not attend your churches. We may have founded some of them once upon a time, and moved beyond that structure because we no longer attend to discipline that is born in punishment. We have no need to punish you, but you still have great need to punish yourselves for your belief in your sinful nature. The telling of you, to each of you, that you were not worthy of the kingdom and that you must earn it in supplication was a tragic mistake, because it keeps many of you from standing up and saying, "May I? I may." "May I? I may." "May I? Yes, I may." You are the one who gives yourself permission to call yourself forward. We only extended the hand.

The trials that you each face on the journey you are heading on are the ones of confrontation with your own face. And we will say this: Each one you see before you is a reflection of you, and you anoint them in the way that you perceive them. "That must be a holy man, he wears a robe," "That must be a beggar, his clothes are filthy," and you anoint them all as you perceive them. "That must be a good man, he looks like a good man." There is no such thing. Do you

understand this? These are frames, ways of choosing to identify so that you may feel in control of the landscape you walk on.

Until the day that you may walk down the street and witness each one before you as a manifestation of God, you are still playing the game of pretending to be in the light. The light holds no discrimination against sex, against color, against heritage. It holds no desire to keep you apart. The light shines on all, and if you would put your fellow in darkness and say that you have the right to do that, you have created yourself as a false God. The true God, we say, and we have said, loves each equally. If you are this thing that you have been claiming you are, “I know who I am, I know what I am, I know how I serve,” you will see this, in fact, in all things.

Now, is this easy? In fact, it is. It is so much easier than judging your fellows. Give it a chance. Be the Word. Be who you say you are, and do not submit to the aspect of the self that would have you run for cover, lock the door, and pretend to be the only one who knows anything. That is too tempting, you know.

“My mother-in-law, she will never change! She is not love! If she is on the plane, there must be no God!” and that is your agreement, that is what you witness, that is what you claim. “My son was taken from me that man took my son! There cannot be a God, there must be vengeance, and I will not rest until there is!”

You will not rest because you deceive yourself. You make yourself the prisoner to the one who harmed your son, and you have made him a God that can control your well-being. He is still a creation, he still has his learning, and if he cannot be redeemed, if there is a man or a woman who cannot be redeemed, then there is no grace. Do you understand this? Then there is no grace, and then you should burn this book, and put yourself aside, and pick up your weapons and do what you have always done to each other.

The time is coming when mankind will face herself, will face himself, and all of his creations. And what you will be asked to face is what was done in the name of God that was a lie, and what was done in fear in the name of defense. Do you understand these words? Until mankind realizes that he is standing beside his brother, he will want to harm another. And as long as he wants to harm another, he will create ways, and ways to deceive himself that there is no Creator who holds you all in love.

The times are approaching fast when you each make decisions about what realm of possibility you wish to attend to. The convenience of the past, “Maybe someday I will get spiritual and work on this relationship with myself,” “Maybe one day I will forgive my mother,” “Maybe one day I will stop fighting with the lady next door,” keeps you in a convenience you can no longer afford. You are saved by yourselves through your own witnessing, through your own knowing, through the possibility that you are each of the same worth. You are damned by your differences.

Now we celebrate what is different—her beautiful hair, her beautiful eyes, his skin is different than his, and his love is different than hers in the way that it is expressed. We celebrate those

differences because you are unique creations. We don't ask you to be the same. In fact, you are the same. You are all made of the same stuff. You will be here one day, you will pass into the next world, and you will respond to your fellows in the recognition of who you now know you are.

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In his breakthrough works of channeled literature Paul Selig recorded an extraordinary program for personal and planetary evolution as humankind awakens to its own divine nature. *I Am the Word*, *The Book of Love and Creation* and his newest addition to the trilogy *The Book of Knowing and Worth*, are energetic transmissions that works directly on its readers to bring them into alignment with the frequency of the Word, which Paul's guides call the energy of "God in Action." A New York City native, he received his Master's Degree from Yale. Paul's work now is as a clairaudient, clairvoyant, channel, and empath. Paul has led channeled energy groups for many years. He is the subject of the short documentary film *Paul & the Word* and was featured on the A&E/Biography channel series *The UneXplained*, as well as, on *Coast to Coast AM* with George Noory. Paul continues to teach workshops around the country including Esalen, Kripalu, Omega Institute and more. A noted playwright and educator, Paul serves on the faculty of NYU and directs the MFA in Creative Writing Program at Goddard College. He lives in New York City, where he maintains a private practice as an intuitive. www.paulselig.com

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